

Simple Knit Bear

because everyone needs a little someone to love

A Knitting Kindness Project™ Designed to Knit and Give with Love

From the authors of *The Knitting Way*

Suggested uses: Children in hospitals, For policemen or CPS agents to hand out to children in distress, Elderly in nursing homes, Children's homes/orphanage, For those traveling to impoverished areas, anywhere, to give as gifts, etc.



Figure 1 Bears in a Basket

To be knit in the round OR flat – both versions included. This pattern is suitable for any weight of yarn. The size of your bear will be determined by the size of the yarn that you choose.

You Will Need:

Any yarn (if for charity, it is recommended that you use acrylic) and knitting needles suitable to that yarn. **Color A** for the bear, **Color B** for a scarf (if desired)

Small amount of embroidery floss to embroider a face

Stuffing

Sewing up needle

In the Round Version:

CO 28 and join

Work 40 rnds

Begin decreases:

Rnd 1 - (K5, K2tog) – repeat around.

Rnd 2 - K plain

Rnd 3 - (K4, K2tog) – repeat around

Rnd 4 - K plain

Rnd 5 - (K3, K2tog) – repeat around

Rnd 6 - (K2tog) – repeat around

Thread remaining stitches onto a length of yarn and draw up tight, fasten off and weave in the end.

Flat Version

CO 28 and work in Stocking Stitch (K right side row, P wrong side row) for 40 rows, end with right side facing.

Work Decrease:

Row 1 - (K5, K2 tog) repeat across

Row 2 - P wrong side row

Row 3 - (K4, K2tog) repeat across

Row 4 - P wrong side row

Row 5 - (K3, K2 tog) repeat across

Row 6 - (P2tog) repeat till end of row

Thread remaining stitches onto a length of yarn – keep loosely for the moment.

Sew up the seam and position at the back of the body.

Now, draw up the top loose stitches tightly, fasten off and weave in the end.

Both Versions

Stuff, loosely, with fiberfill.

Wrap a length of yarn around the body at the neck position (approximately 1/3 from the top). Pull tightly and tie up, securely, creating the head and body.

Sew up the bottom. Sew lines from the front to the back, using a back stitch and a sharp needle, to demark legs and arms in a soft sculpture manner.

Embroider facial features as or if desired.

Ears – Make 2 – Garter Stitch

Cast on 3 Next row - K1, M1, K1, M1, K1

Continue - K 3 or 4 Ridges and BO (6 to 8 rows) fastening off leaving a long end as you will use it to sew the ears onto the bear

Sew ears to the head, positioning the bind off edge of the ear against the top of the head.

Run all ends through the body and cut off (do not cut too short).

Scarf

Cast on 4 or 5 stitches and knit every row (garter stitch) until you have achieved a suitable length for the bear you made. Bind off. Another option would be to make a 3 stitch i-cord as the scarf, which is suitable for a bear made with smaller gauge yarns.



Figure 2 Detail of Soft Sculpturing

The Knitting Way: A Guide to Spiritual Self-Discovery

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